

## What can we do to stay safe?

There are some things that we can make sure we do whenever we use the Internet to help us stay safe. We should:

□ Follow all the teacher's instructions when using the internet.

□ Only use the internet with a responsible adult's permission.

□ Report any problems to your teacher.



## What will happen if we don't follow the Internet and e-safety rules?

If someone puts themselves or others at risk by not following the rules, a number of things could happen. They may get a warning or a time out but if it's very serious then their teacher might decide that they shouldn't be allowed to use ICT equipment or the internet at all for a certain period of time. Different technologies There are now lots of different ways to access the internet and you may have more than one in your home. It is really important to keep all of these safe, making sure that you password protect anything that you

don't want the world to see!

## What is cyberbullying?

Cyberbullying is a bit like other types of bullying, except it takes place online and through text messages sent to mobile phones. Being bullied in this way can be just as hurtful, and just like with other types of bullying you must tell someone you trust so they can sort it out for you.



## Social Networking

Social networking websites, for example, Facebook, Instagram, SnapChat or Twitter, are a very popular way for people to communicate with each other. They may be a big part of people's social lives, but there are a few things that you need to be aware of. You often need to be a certain age to use these websites, for example, Facebook is only for people 13 years old and above. It's vital to keep your profile private. Another important thing is to only 'add' people you know and trust. What you put online reflects the kind of person you are, so don't post anything that would offend or upset other people. You should also respect your friends and not bring real life arguments online. Remember too, that something

you think is funny might not seem funny to others, so don't embarrass or humiliate people.

## Risca Primary School



## Child Friendly E-Safety Policy



Our  
school  
and

## the Internet

At Abercarn Primary School, we think that everyone should feel safe and secure. The Internet is a really important part of everyday life and we need to be able to use it safely and responsibly. We believe that the Internet offers a valuable resource for teachers and children, as well as giving us new ways to communicate with our friends worldwide. At the same time we know that there are many risks related to using the Internet and this policy sets out ways we can keep ourselves safe online.



### How does the Internet help us with our learning?

There are many ways in which the Internet can help us to learn. We can:

- Look at museums and art galleries around the world.
- Communicate with other schools in the UK and abroad.
- Use educational websites at school and at home.
- Find information about any subject whenever we need it.

## How our school protects us

There are many ways in which our school helps us stay safe on the Internet.

To begin with, we have special Internet rules that we agree to before using the internet in school. In addition to this, the CCBC filters what we can see on the Internet and blocks any websites that are not for children. During ICT lessons, we learn how to keep safe online and we report any problems we have to the teacher, who keeps a record of any incidents.

We also have an e-safety council - Digital Leaders - which is made up of 10 children from Year 2 to Year 6. Their job is to help the children of our school understand how to keep safe when using the Internet.



## What e-safety skills do we learn?

During ICT lessons we learn about e-safety every term, either as part of other learning or as a topic on its own.

We learn:

- How to keep our personal information private.
- To use social networking responsibly.
- To use search engines safely and quickly to find information.
- To respect the work of other people by following copyright laws.
- To be aware of materials that we read before accepting them as the truth.



- What to do if we need help and who to contact if something is wrong.

